

Join in the Fun at Good Old Days!



42nd Annual Buffalo Run - July 12th, 2025

Good Old Days – St. Ignatius, Montana

COURSE: In and around the town of St. Ignatius, MT (mostly flat).

START: All runs start promptly at 8:00 a.m. on Main Street in front of Gambles (112 N Main Street).

ENTRY DEADLINE: July 9th: All entries postmarked after that date will be considered “day of” registrations. T-shirts are limited to the supply available on race day. For more information, contact Whitney Liegakos directly at 406-528-5262 or wliegakos@stlukehealthcare.org.

COMPLETE THIS ENTRY FORM OR SIGN UP ONLINE

RUNSIGNUP.COM/RACE/MT/SAINTIGNATIUS/GOODOLDDAYSBUFFALORUN

Please make checks payable to: SLCH Foundation

107 6th Avenue SW, Ronan, MT 59864

First Name	Last Name
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Email	Phone Number
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RACE	AGE	SHIRT SIZE	DIVISION	FEES
___ 1 Mile Fun Walk/Run	___ Under 10	___ Youth M	___ Male	- Regular Rate (to 7/9): 1 mile \$18, 4 or 7 mile \$20
___ 4 Mile Run	___ 10-15	___ Adult XS	___ Female	- Same Day Rate (7/10 to 7/12): 1 mile \$20, 4 or 7 mile \$25
___ 7 Mile Run	___ 16-20	___ Adult S		<i>Note: Group discounts are available online.</i>
	___ 21-30	___ Adult M		+ \$10 for youth shirt
	___ 31-40	___ Adult L		+ \$15 for adult shirt
	___ 41-50	___ Adult XL		
	___ 51-60	___ Adult XXL		
	___ 60-69			
	___ 70+			

In consideration of the acceptance of my entry, I for myself, my executors, administrators, and assignees, hereby release and discharge the St. Ignatius Chamber of Commerce, St. Luke Community Healthcare, their agents, employees and all others associated with this event, from any and all claims for damages, actions demands and injuries arising out of my participation in the event. Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, video, or electronic recording of this event for legitimate purposes. I confirm that I have full knowledge of the risks involved in this event and that I am physically fit and sufficiently trained to participate in it.

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Signature of Runner or Parent or Guardian if runner is under 18