



Heart to Heart

NEWS FROM ST. LUKE COMMUNITY HEALTHCARE

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NEW TO TOWN: St. Luke welcomes two new physicians

DR. KENA LACKMAN BEGAN WORK AT ST. LUKE COMMUNITY CLINIC SOUTHSORE IN OCTOBER and Dr. David Springs joined the St. Luke Community family of physicians in Ronan in September. Both come with outstanding qualifications and are pleased to be living in our beautiful area.

Dr. Kena Lackman, a Montana native, was born in Hysham, about an hour east of Billings and grew up on a farm on the Yellowstone River. Following several years of medical training outside Montana, she was eager to return to her home state and begin practicing full-spectrum family medicine.

She enjoys family practice because it allows her the opportunity to get to know a patient as an individual and not just a client with medical issues. Her skills



Dr. Kena Lackman

provide her the ability to care for entire families from birth to end of life. Dr. Lackman believes strong doctor-patient relationships allow her to provide a higher quality of healthcare.

In addition to family medicine, she is interested in obstetrics, women's health and addiction medicine.

Her education began at MSU with an undergraduate degree after which she attended the University of Washington School of Medicine. Her residency took place at Family Medicine Residency of Idaho then on to an OB fellowship at Tacoma Rural Family Medicine. Dr.



ST. LUKE PHOTOS

Dr. David Springs

Lackman has received several awards including: Magic Valley Rural Program Teacher Award, the King County Academy of Family Physician Student Community Service Award and UWSOM Service Award.

Dr. Lackman belongs to the American Medical Association, the American Academy of Family Physicians, the National Rural Health Association and both the Idaho and Montana Medical Associations.

Beyond her medical degree, Dr.

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Recent awards highlight commitment to quality

ST. LUKE HOSPITAL WAS AWARDED FOR THE 11TH YEAR in a row by the Montana Hospital Association's with the Rural Healthcare Performance Improvement Network's Quality Improvement Award. The award was won for reducing 30-day readmissions as part of a Quality and Patient Safety Fellowship Project. According to Case Manager, Jill Pennington, the readmissions committee included, "... a group of people who genuinely wanted to improve discharges and reduce readmissions ... it was not just comprised of medical staff, but patients got involved in our quality processes as well, which brought a unique perspective to the project."

The Montana Hospital Association also chose St. Luke Community Healthcare as the recipient of the Best Place to Work (small hospital).

The Lake County Job Service Employer Committee honored St. Luke Community Healthcare with the 2021 "Employer of Choice" award. In the business of healthcare since 1953, and with over 400 current employees, St. Luke proudly boasts 29 percent of their employees have stayed for over 10 years. Some employees have worked at the community hospital for over 40 years.

The Lown Institute recently recognized St. Luke for our "outstanding performance on the 2021 Lown Hospitals Index" – a healthcare rankings program that includes measures on social responsibility. St. Luke achieved an "A" grade for Health Equity, Patient Satisfaction, Avoiding Overuse, and Community Benefit. Specifically they were recognized at No. 3 in the state for Patient Satisfaction and No. 1 for Community Benefit. In 2020, St. Luke donated \$650,000 to the community through a variety of programs including in-kind support.

3 GOOD THINGS

WHAT A WILD RIDE IT HAS BEEN. This spring, I thought we had mostly made it through the pandemic and overcome the worst of it. Wow, was I wrong. That simply was not the case. The last couple of months have brought more challenging times in the pandemic. And while we collectively are "over it" (meaning we are simply so tired of it) we are definitely not done with it.

Most people agree that this has been the most unique and perplexing time in their lives. There are so many factors that are hitting the landscape at the same time, whether it is Covid itself or all the associated impacts, such as: workforce shortage, a housing crunch, increased costs, or simply trying to find something at the grocery store. One of the bigger real impacts, I feel, to our society at large, is compassion fatigue. It's simply the by-product of all of these external factors, coupled with work overload, and it's leading all of us to have less tolerance and compassion when dealing with each other. We need to change this. And fortunately, there are things that you can do as an individual to overcome this issue. I've mentioned it in the past and it has to do with gratitude.

Dr. J. Bryan Sexton, a Harvard researcher, has studied the impact of a daily "gratitude practice." A program that he calls 3 Good Things. There are a few YouTube videos that you search for using his name. He recommends that you try the practice for 14 days, the recipe is simple but like anything, it requires deliberate practice. Here's how it works: Each night before going to sleep, spend a few minutes and reflect on 3 good things that happened that day and how you were involved. That's it. Simple. But you have to do it each night to get the benefit.

There are a lot of great things happening all the time at St. Luke and here are 3 Good things that I'd like to share:

One Good Thing has been the recent enhancements to our obstetrical services. Two new OB providers have joined our excellent team of OB physicians, they are Dr David Springs and Dr. Kena Lackman (who you can learn more about in the

enclosed articles). We achieved Gold certification for our Safe Sleep program. In addition, our obstetrical nurses have been through a variety of enhanced training and education programs, including C-section drills, simulation training, and fetal heart monitoring. And, through the generous support of our community, the St. Luke Foundation raised \$60,000 to support our women and children services program. These funds will assist us as we continue to lead obstetrical services in the valley, providing personalized care to each expectant maternal and her family.

Another Good Thing has been the recognition from Montana Hospital Association as the Quality Improvement Program of the Year. Health care is a human system, and as a human system, we are subject to errors, process problems, personality issues, or variations in how things get done. This only underlines the need to constantly be working on how to improve. That is our mentality at St. Luke. The ability to continuously work on improving quality is essential to what we do. Lead by our Quality Improvement Coordinator, Carly Ryther, and a committed leadership team we have spent extra time working on reducing readmissions to the hospital. It is just one example of the many things we work to improve each day.

The third "Good Thing" is that St. Luke Community Healthcare was recognized as the 2021 "Best Place to Work" by the Montana Hospital Association. Our employees are our greatest resource. We continually look for ways to enhance our work environment. If we take great care of our staff, they will take great care of our community. It's why time after time, we hear that things are just different here, and we plan to keep it that way. I recognize it may not always be easy to look for the good, but in working through the rest of these challenging times, I feel it's an exercise well worth the effort. Join me in shifting our focus to the positive, so we can create more "Good Things" together!



Steve

two new physicians (from page 1)

Lackman’s credentials include: newborn resuscitation protocol, advanced life support for obstetrics, advanced cardiac life support, advanced trauma life support and advanced wilderness life support.

Dr. Lackman participated in the TRUST Track (Targeted Rural Underserved Track) as part of her education. Students in TRUST are linked to rural/underserved communities through classroom and onsite learning experiences where they work as a member of a rural healthcare team by learning through hands-on experience. Five states (Washington, Wyoming, Alaska, Montana and Idaho) participate in the program. In addition to the TRUST Track, she has volunteered as a physician for uninsured patients, been part of a wellness committee that supports physicians to help prevent burnout and participated in a wilderness committee that provides learning activities and retreats for residents and faculty.

Along with her interest in rural medicine, Dr. Lackman is excited to return to Montana and explore her interests in the outdoors by waterskiing, playing volleyball, downhill skiing, camping, rock climbing and traveling. When indoors, she likes spending time with friends and family, baking and finding the best mac-n-cheese in town.

She feels especially fortunate to make her permanent home where others come to vacation.

Dr. David Springs

Born in Denver, Colorado, Dr. David Springs brings not only his medical skills but musical skills as well. He enjoys classical, blues and jazz music and has played the piano since childhood. He also composes music, plays the guitar, banjo and mandolin.

This multi-talented physican also speaks Spanish fluently and can greet you in French, Arabic, Somali, Rohingya and ASL.

Dr. Springs comes from a medical family; his father is a family physician who has worked in Cutbank and Browning. His father’s love for Montana, along with some family ties, drew him to the area. He has always loved the landscape of the West so he considers living in this area a dream.

He has been eager to move to this state and looks forward to outdoor Montana adventures hiking, camping, skiing, snowboarding, fly fishing and photography. He is especially looking forward to hiking in Montana. Thus far his favorite hike was in Kauai’s Napali coast. He thinks McDonald Lake might give that a hike a run for its money.

A graduate of Howard University College of Medicine in Washington, D.C., Dr. Springs attended the University of Pennsylvania for his undergraduate work and completed his residency at North Colorado Family Medicine Residency in Greeley, Colorado. He is an Alpha Omega Alpha Honor Medical Society Inductee.

With extensive training in internal medicine, pediatrics, primary care, OB/gynecology, and emergency medicine, including a variety of subspecialty services, Dr. Springs’ medical interests include the full-spectrum of family medicine: inpatient/outpatient adult and pediatric medicine, prenatal care and emergency medicine. His primary interest is in working with underserved rural communities.

According to Dr. Springs, family medicine is a “dynamic and highly varied practice of medicine that is always interesting and always challenges me to learn more.” He believes family medicine allows him to impact not only the health of a family but an entire community. Part of his ability to influence good community health comes with his volunteer work with a diversity, equity and inclusion taskforce.

Dr. Springs holds medical licenses in Colorado and Montana, and certifications in advanced cardiovascular life support, pediatric advanced life support, advanced trauma life support, neonatal resuscitation program instructor, and advanced life support in obstetrics. He is a member of the American Academy of Family Physicians and the American Medical Association.

As the youngest of nine siblings, Dr. Springs is familiar with busy households. His household will become busier next year when his partner finishes a veterinary internship in Washington, D.C. and joins him along with a pet corn snake, Evie, and two dogs: Niko an eight-year-old chow mix and Panda, a 10-year-old poodle/Bishon mix.

We welcome Dr. Lackman and Dr. Springs and wish them and their patients many years of good health.

WELCOME STEVE SHEPRO, PA-C, TO ST. LUKE CLINICS

ST. LUKE COMMUNITY HEALTHCARE IS EXCITED TO ANNOUNCE THAT STEVE SHEPRO, PA-C, has joined the dedicated team at the Convenient Care Clinic in Ronan and the Southshore Clinic in Polson.



Originally from Portland, OR, Steve is eager to delve into primary care, where he can weave his medical experience together and get to know patients on a more personal level.

He completed his undergrad work at Brigham University (ID) and his Master’s at the University of Washington in Seattle.

As an experienced Physician Assistant, Steve is well versed in emergency medicine, pre-hospital care, and wilderness medicine. He has worked in a variety of other practices as well, including cardiology, urgent care, and plastic surgery. Outside of work, Steve enjoys spending time with his wife and two young children. They like to bike, ski, and boat frequently – so this area had obvious appeal. One of Steve’s biggest passions is teaching emergency medicine in the the back country, which he has done for 22 years. Please help welcome Steve to the Mission Valley!

Now is the time for a mammogram

WITH OCTOBER BEING BREAST CANCER AWARENESS MONTH, now is the time to schedule a screening mammogram. This exam should be done every year or every two years based on your doctor’s advice. Mammograms are recommended for women 40 and older or those who are in a higher risk category. Regular exams help catch breast cancer early. “Test early, get it out and live your life,” is an expression used to describe the most recent trend in treating breast cancer. Early detection may allow for the simple removal of cancer with no follow-up radiation or chemotherapy needed. The key however, is early detection. With lymph nodes close to breast tissue, early detection can keep the cancer from entering the lymphatic system and spreading to other parts of the body.

An annual mammogram provides women the opportunity to get to know their own breast tissue more thoroughly, making them more aware of any changes that occur. Should a woman notice any problems such as dimpling, denting, bumps or lumps, they should schedule an appointment with their doctor and together discuss the best course of action.

The St. Luke Community Healthcare



Employee Giving Program provides the funds for the soft pads used on the image receptor of the mammogram equipment.

The pads make for a softer mammogram experience, which is good news for the large number of women with sensitive

or dense breast tissue. The pads are like a “pillow for the breasts,” says Dian, mammography technician. She encourages prospective patients to come and see the machine, discuss the process. Between the soft pads and the need for less pressure with 3-D imaging that lets them see through the breast tissue, mammograms are not like they used to be. Without the pain and pressure, a mammogram is now a much easier exam.

St. Luke’s mammography department staff has over 36 years of combined experience. Patients can rest assured they’re being taken care of by someone who has a wealth of experience and who has probably seen them before and knows their special needs. The small-town hospital environment allows Dian time to, “Treat patients how I want to be treated.” St. Luke staff help patients understand the how and why of the mammogram screening process and teach them how to do a proper breast self-exam between annual screenings. “We answer women’s questions and address them on an individual level,” Dian said.

Call St. Luke Community Healthcare Imaging Department at 406-528-5320, to schedule your screening today.

FOUNDATION NEWS: Virtual auction sponsors appreciated

THANKS TO OUR BOOTS & BOWTIES VIRTUAL AUCTION SIGNATURE SPONSORS: Glacier Bank and Blue Cross Blue Shield of MT.

Thank you to ALL of our sponsors, who continue to support healthcare and healthy communities here in our valley. Thank you to our local businesses and individuals who donated amazing items for our auction, and thank you to each and every one of you who took the time to participate in our virtual event. We couldn’t have raised over \$60,000 for Maternal and Child Health Services without you!!

Supporting Maternal and Child Health Services means being able to continue offering our Mom’s Support Group on a monthly basis, provide ongoing ‘Eat Sleep Console’ training for Neonatal Abstinence

Syndrome, promote mental health and suicide prevention as part of our well child checks, offer Pak n Plays and Sleep Sacks as part of our Safe Sleep Campaign, and provide case management and care navigation as part of our “care team” approach through Wrapped In Hope.

“What I hope for the future is that Wrapped In Hope is able to continue on and help support women because sometimes that was the only thing that got me through some pretty difficult times was having a



Teresa Nygaard

team of people behind me who believed in me when I didn’t.”

- St. Luke Wrapped In Hope Patient

You can help support the work of St. Luke Community Healthcare and the Foundation by contributing to our Safe Sleep or year-end campaigns, participating in our events or activities, or you may choose to leave a legacy. No matter how you wish to support the ongoing work of St. Luke Healthcare, the Foundation is here to walk you through it. Feel free to call Teresa Nygaard, Foundation Director, tnygaard@stlukehealthcare.org, 406-528-5324.

“Knowing is not enough; we must apply. Willing is not enough; we must do.” -Johann Wolfgang von Goethe



ST. LUKE PHOTO

St. Luke’s OB team displays the Gold Safe Sleep champion certification the hospital recently earned.

St. Luke earns ‘Gold Safe Sleep Champion’ certification

ST. LUKE WAS RECENTLY RECOGNIZED WITH A GOLD CERTIFICATION from the National Safe Sleep Hospital Certification Program. As a “Gold Safe Sleep Champion,” St. Luke Community Healthcare works hard to model and educate parents on safe sleep practices for infants.

More than 3,500 sleep-related infant deaths occur in the U.S. each year. With Montana having one of the highest rates for Sleep-Related Death, (including



SIDS, Sudden Infant Deaths and SIUS, Sudden Unexpected Infant Deaths), the Cribs for Kids’ National Safe Sleep Hospital Certification Program is especially important in our state. St. Luke’s OB staff are committed to teaching families how to prevent infant deaths with safe sleeping habits. This top achievement in the Safe Sleep Program demonstrates St. Luke’s level of commitment in educating the public about these life saving practices.

Dr. Davis completes board certification

ST. LUKE ORTHOPEDIC SURGEON, DR. ADRIAN DAVIS RECENTLY BECAME BOARD CERTIFIED through the American Board of Orthopedic Surgeons. In order to achieve this accomplishment, Dr. Davis completed medical school, then five years of Orthopedic residency. He went on to sit for the written portion of his Boards and after four years of active surgeries, he applied for and successfully completed the oral portion of his Boards. Throughout his career, Dr. Davis has demonstrated a continued desire

to further hone and develop his skills. Dr. Davis specializes in Sports Medicine, joint replacement (hip, knee and shoulder) and orthopedic traumas. His recent certification further demonstrates his credentials and ability to care for his patients. He has had the distinction to serve as team physician for several college athletic teams as well as for the USA rugby team.

Dr. Adrian Davis, right, is a Board Certified Orthopedic Surgeon.



ST. LUKE PHOTO

Be sure to get your flu shot

GETTING A FLU VACCINE IS MORE IMPORTANT THAN EVER. Doing so will lessen your chances of severe flu-related illness during a time when healthcare facilities are experiencing increased need for critical care due to surges of the COVID-19 virus. Dr. David Springs reminds people that influenza vaccines have been given safely for many decades. In fact, vaccines in general are so safe, it’s common to get multiple in one day. Dr. Springs encourages those who haven’t gotten a COVID vaccine to “Go for it,” and get both the flu and the COVID vaccines together. He said there is no interaction between the two. A person cannot get the flu from a vaccine because the vaccine is created from an inactivated viral particle, Dr. Springs explained. Feeling slightly ill after being vaccinated is normal and means that your body is building an effective immune response. If you receive multiple vaccines, you may experience greater immune response. Since the flu virus mutates rapidly, yearly updates to the vaccine are required. From one year to the next, you are vaccinated against a slightly different version of the virus. Stay vigilant with your health and guard against flu season by getting your flu shot today. St. Luke has flu shots available in each of their community clinics and the flu shot is covered by most insurances.

COVID-19 VACCINES:

TO FIND THE MOST UP-TO-DATE INFORMATION regarding COVID-19 vaccination, including booster doses, please visit St. Luke’s website at stlukehealthcare.org or follow St. Luke on Facebook.

PROVIDER DIRECTORY

St. Luke Community Clinic – Ronan Family Medicine and Obstetrics 406-676-3600

Joanna Billings, DO
William Cullis, MD
John Foster, MD
Laura Hoganson, MD
David Springs, MD
Megan Vigil, MD
Ed Vizcarra, MD
Meagan Henderson, PA-C
Katherine Mitchell, NP-C

St. Luke Community Clinic – Ridgewater Family Medicine and Obstetrics 406-883-3737

Isaac Billings, DO
Jamie Engeldrum, PA-C
Kelli Larson, DO
Mike Schallock, PA-C

St. Luke Community Clinic – Southshore Family Medicine and Obstetrics 406-883-2555

James Clough, DPM-Podiatry
Kena Lackman, MD
Tyler Thorson, MD
Gage Henderson, PA-C
Stephen Shepro, PA-C
Mary Velk, PA-C

St. Luke Community Clinic – St. Ignatius Family Medicine and Obstetrics 406-745-2781

Joanna Billings, DO
David Vaughan, NP-C
Simon Crawford, PA-C

St. Luke Community Orthopedics 406-528-5580

Adrian T. Davis, MD
Robert Alfiero, PA-C

St. Luke Community General Surgery 406-676-3600 Zach Hovorka, DO

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Darren Brockie, MD	Bruce D. Mikesell, MD
Ben Grass, MD	Alex Nutt, MD
Mark Harding, MD	

SPECIALIST DIRECTORY

INDEPENDENT SPECIALISTS PROVIDING SERVICES WITH ST. LUKE COMMUNITY HEALTHCARE

Cardiology

Morgan Kellogg, MD
406-327-4646
Matt Weiss, MD
406-327-4646
Douglas Waldo, MD
406-327-4646
Robert Minor, MD
406-327-4646

Ear, Nose and Throat

Kyle Tubbs, MD
406-752-8330
Kent Keele, DO
406-752-8330

Nephrology

Shahid Chaudhary, MD
406-327-4283

Neurology

Kurt Lindsey, MD
406-752-5095

Podiatry

Stephen Latter, DPM
406-755-5250

Psychiatry

Eleanore Hobbs, MD
406-676-3600

Radiology

Northwest Imaging
406-676-4441

Sleep Medicine

Kim Damrow, MD
406-676-4441

“Whoever is happy will make others happy too.” - Anne Frank

ECF PROFILE: Helen Lutton

Written by St. Luke PR Manager, Whitney Liegakos
and St. Luke RHS Intern, Megan Evelo

HELEN (SAGEN) LUTTON WAS BORN IN KALISPELL ON NOV. 6, 1932. Her grandparents were immigrants from Norway and settled in Minnesota in the 1860s. Her parents later moved to the Big Sky state shortly before she was born. A full-blood Norwegian, Helen spoke her family’s native dialect as she grew up in the scenic Ronan area. Helen is the eighth of nine children and the youngest girl. She recalls her large family being very close knit, with deep bonds between the siblings. A few vivid memories from her childhood have stayed with her – one being the day she learned about the Pearl Harbor bombing, which she found out about while getting onto the school bus one morning. The incident had actually happened the day prior, but news didn’t travel quite as fast then as it does now. She recalls riding pigs down the hill at their country home – never a dull moment with that many children running around. She also remembers her father bringing home a horse for the children to share. They named her Tiny and enjoyed petting and feeding her. While the family was never wealthy by traditional standards, to Helen they were rich in their connections to each other, and resourceful as a result of their upbringing.



Helen Lutton



Richard and Helen Lutton, historic photo

is even a photo of Richard posing with Helen, proudly displaying her beadwork on his cowboy hat. Throughout her life, Helen has been a quiet, private person. However, at St. Luke Extended Care Facility, she has warmed up to many people and enjoys visiting with the staff members. She also loves going outside in the summer time and watching the birds and small animals that can be seen in the courtyard just outside her window. Helen has many grandchildren and even a few great-grandchildren and she loves them all ... her children being small is still one of her favorite memories. Helen enjoys music, and when asked what her favorite is she replies, “Country Western of course, is there any other kind?” George Jones and Kitty Wells are her particular favorites – she even got to see Kitty perform in person and thought she was incredibly classy. Looking back on her memories and travels, Helen says she really loved the west coast – where the hills met the ocean. She enjoyed strolling along the beaches and seeing her family experience new places together. To this day, Helen is a generous, light-hearted, and strong-willed woman. She encourages others to remember the power of positivity, which many of us need reminding of these days. St. Luke staff love Helen’s wit and quick smile and hope the community will enjoy this chance to get to know her a bit better too. A lesson learned from Helen? Perhaps a famous quote from Anne Frank is most fitting – “Whoever is happy will make others happy too.”

NUTRITION CORNER



November is Apple Month!

APPLES ARE SOME OF THE MOST POPULAR FRUIT IN THE UNITED STATES. They are widely available and have the unforgettable crispy taste of harvest season. Apples remind us that fall is here and our favorite colder weather comfort foods can be enjoyed.

Why are apples good for us?

Apples have fiber, which helps us with digestion and can slow the absorption of sugar and help improve blood sugar levels. To get the most fiber out of your apple, eat the skin! Apples are a great source of Vitamin C, which helps strengthen our immune system. Vitamin C comes in handy during flu season!

How should I store my apples?

When apples are stored at room temperature, the ripening process is quicker. Here, they will typically last for about 1-2 weeks.

To prolong freshness, store apples in the refrigerator in the crisper drawer. They will usually remain fresh for at least 1-2 months. Apples are a climacteric fruit, meaning that they continue to ripen after harvesting.

How can we eat apples?

If cutting apples for a snack for later, add a little lemon juice to keep the fruit from browning.

Apples are a versatile fruit and can be used for many dishes, including apple muffins, apples oatmeal, grilled apples, applesauce, and sautéed apples with chicken.

Jicama Apple Slaw Recipe

Ingredients

2 cups jicama, peeled and julienned
1 medium Honeycrisp apple, grated
1/2 cup carrot, grated (about 1 small carrot)
1/8 cup green onion, finely sliced (green part only)

1 tablespoon fresh lemon juice
1/2cup Greek yogurt with honey*
1 teaspoon ginger, grated
1/8 teaspoon salt

Directions

1. In a large mixing bowl, combine jicama, apple, carrot and green onion. Add fresh lemon juice to add a hint of acidity and prevent browning of the jicama and apple.
2. In a separate bowl, mix together the yogurt, ginger and salt. Pour the yogurt mixture over the salad and mix well.
3. Refrigerate for at least 1 hour before serving.

EMPLOYEE OF THE QUARTER

Quarter 4: Tanya Smith, SLCC-RW

TANYA IS AN OUTSTANDING EMPLOYEE, who goes above and beyond in her work on a daily basis. She routinely helps other staff with anything they need. She steps up and is a leader in the Ridgewater Clinic in all aspects of her job – including customer service, managing vaccines, and ordering supplies. She goes the extra mile for her patients, helps fill shifts for her co-workers – she is always ready to lend a hand.



SL Heart to Heart

IN RONAN:

St. Luke Community Hospital
St. Luke Community Convenient Care
St. Luke Community Extended Care
St. Luke Community Oxygen & Medical Equipment
St. Luke Community Hearing Center
St. Luke Community Healthcare Foundation
107 6th Ave. SW 406-676-4441
St. Luke Community Clinic – Ronan 406-676-3600
St. Luke Orthopedic Clinic 406-528-5580
St. Luke General Surgery 406-676-3600
126 6th Ave. SW

IN POLSON:

St. Luke Community Clinic – Ridgewater 406-883-3737
St. Luke Community Clinic – Ridgewater PT 406-883-2666
107 Ridgewater Drive
St. Luke Community Clinic – Southshore 406-883-2555
104 Rufus Lane

IN ST. IGNATIUS:

St. Luke Community Clinic – St. Ignatius
330 Six Tracts Way
406-745-2781

www.stlukehealthcare.org

**The Heart of Healthcare
in the Mission Valley**

