MASK MAKING MISSION: FABRIC WITH INSERT POCKET

ADULT SUPPLY LIST
FABRIC: 15” X 8.5”
BINDING STRIP: 2 – 2” X 4.25”
PLASTIC TWIST TIE(S) 6”
ELASTIC:
OVER THE HEAD: 30” (1/8” OR 1/4”)
BEHIND THE EAR: 2 – 13” (1/8” OR 1/4”)

CHILD SUPPLY LIST
FABRIC: 13” X 6.5”
BINDING STRIP: 2 – 2” X 3.5”
ELASTIC:
OVER THE HEAD: 25” (1/8” OR 1/4”)
BEHIND THE EAR: 2 – 10” (1/8” OR 1/4”)

This basic pattern works for both an adult or child mask using different sizes of fabric and elastic. Please start with clean washed fabric and do not use fabric softeners or dryer sheets. The pocket created can be used with an insert or a N95 mask. Around the head and back of the neck elastic is a more secure fit and less painful on the ears. These masks alone will not prevent individuals from getting the Covid-19. ALWAYS follow proper precautions (hand washing, social distancing, etc) and adhere to the CDC guidelines for PPE. Pattern adapted from several online versions. Feel free to share.

1. CUT FABRIC
2. Serge or zig zag ends and fold in half with right sides together
3. Straight stitch a 3/8” seam allowance 1.5” in on each side. Be sure to back stitch to secure seam.
4. Top stitch seam open

5. Turn right side out and fold opening about 1/2" down from the top.

6. Position twist ties in folded top edge and sew around to keep in place.

7. Baste three equal pleats on each side approximately 1" each. Finished adult size should be 3.25" and 2.75" for kids.

8. Flip mask over to back side. Place first binding piece with right sides together and fold over ends. Serge or straight stitch in place.
Flip over to the front and turn binding strip right side out.

Fold edges over .25", then fold again. Place elastic in channel before stitching closed. DO NOT stitch down elastic.

Tie overhand knot in elastic to form loop for around the head.

For around the ears, place 2 pieces of elastic and tie separately.

Rotate knot into side casing. Easy to adjust.

It is easy to make one continuous loop and user can have options to make behind the ears. Different head sizes, face size, ear sizes... adjustable is key.