





October 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Tuna Casserole</i>	2 <i>Potato Bar</i>	3 <i>Salisbury Steak & Gravy w/ Mashed Red Potatoes</i> <i>Chicken Caesar Melt</i>	4 <i>Baked Chicken w/ Squash Medley</i>	5 <i>Philly Sandwich w/ Au Jus</i>	6
7 	8 <i>Broccoli Rice Casserole</i>	9 <i>Ravioli w/ Tomato Sauce & Caribbean Veggies</i>	10 <i>Lemon Pepper Cod w/ Rice Pilaf</i> <i>Patty Melt</i>	11 <i>Taco Bar</i>	12 <i>Pork Loin Chops w/ Garlic Cream Sauce & Roasted Red Pota.</i>	13
14	15 <i>BBQ Beef Brisket w/ Steamed Baby Carrots</i>	16 <i>Sweet and Sour Pork w/ Rice Noodles</i>	17 <i>Stuffed Cabbage Rolls</i> <i>Fisherman's Wharf Grilled Cheese</i>	18 <i>Spinach & Meat Lasagna w/ Garlic Bread</i>	19 <i>Chicken & Dumplings</i>	
21	22 <i>Swedish Meatballs W/ Herb Noodles</i>	23 <i>Stuffed Fish w/ Oven Roasted Veggies</i>	24 <i>Ham & Scalloped Potatoes</i> <i>SW Chicken Sand.</i>	25 <i>Sandwich Bar</i>	26 <i>Beef Pasties</i>	27
28	29 <i>Italian Sausage w/ Peppers and Onions</i>	30 <i>Turkey & Stuffing Casserole</i>	31 <i>Stuffed Bell Peppers</i> <i>Beef Quesadilla</i>	