REGISTRATION

For your convenience you may register for the childbirth classes by either detaching this form and mailing to us or calling (406) 528-5306.

Name__________________________________________
Support Person:____________________________________
Address:____________________________________________
City:________________________________________________
Phone:______________________________________________
Delivering Hospital:____________________________________
Delivering Provider:____________________________________
Due Date:____________________________________________
Session you would like to attend:
Childbirth Education_____Breastfeeding Only_____
Requested Class Date:__________________________________

Pre-registration is not required for classes, however it is strongly suggested and it helps us to meet your specific needs.

Send registration to:
St. Luke Community Healthcare
c/o Beth Moree
107 6th Ave SW
Ronan, MT 59864
406-528-5306
www.stlukehealthcare.org

For more information on the St. Luke New Beginnings Birth Center please contact us at

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Ronan, MT 59864
406-528-5306
www.stlukehealthcare.org
When you’re expecting, you want the very best for you, your baby, and your family. So do we! That’s why we created The New Beginnings Birth Center...a warm, welcoming environment devoted to making your birth experience a personal, meaningful and safe occasion.

Your comfort and safety are top priorities at the New Beginnings Birth Center.

Whether this is your first time, or you are a “veteran” parent, you’re looking for a childbirth setting that offers, the latest high-tech equipment, a secure unit for baby’s safety and plenty of TLC. You will find all those at the New Beginnings Birth Center at St. Luke Community Hospital.

No matter where you plan to deliver your baby, The New Beginnings Birth Center is committed to helping all Mission Valley parents understand your birthing options and learning about labor, delivery and baby care, including feeding options so the arrival of your baby is a wonderful experience and a precious memory. Any expectant mother and her support person are welcome to attend the class. The earlier in the pregnancy, the better and you may attend more than once.

Childbirth Classes

The New Beginnings childbirth class reviews what to expect during labor and delivery, dealing with body changes during pregnancy, comfort techniques and medical procedures, breastfeeding education, understanding the labor and delivery options, newborn and postpartum care. The class starts off at 9am with breastfeeding education. Anyone interested in breastfeeding education is welcome, and if you are experienced with labor, and the only info you need is breastfeeding, you are able to leave after that portion of training.

An exciting new addition to our program is Alyssa Schock, one of our physical therapists who has specialty training in Woman’s Health issues related to pregnancy and postpartum. She will be offering training on “Appropriate expectations of body changes, and how to deal with them”, and “Returning to your pre-baby body” These classes are strongly recommended for all those who are first time parents, but all are welcome. Anyone wanting breastfeeding information is welcome to come to the breastfeeding portion of the class from 9:00am-10:00am. If you are unable to attend the breastfeeding portion and would like one-on-one lactation guidance call the number below

Classes are free and held on Saturday’s every third month from 9:00am-2:00pm in the Tamarack conference room on the lower level of St. Luke Community Hospital.

For registration e-mail Beth at bmoree@stlukehealthcare.org, or call (406) 528-5306

For information or questions please call Beth Moree at 406-528-5306

Dates for 2018

February 3rd
May 5th
August 4th
November 3rd