



Patient label here

Patient's name: \_\_\_\_\_ D.O. B. \_\_\_\_/\_\_\_\_/\_\_\_\_ Exam Date: \_\_\_\_\_

Allergies: \_\_\_\_\_ Primary Care Provider \_\_\_\_\_

Medications, supplements, vitamins name:	Route (i.e., oral, topical, etc.)	Dose	Frequency (e.g., 1 - 2 times/day)

\*\* Add additional page if further space for medications is needed\*\*

**In general, how would you rate your health?**

excellent | very good | good | fair | poor

**How often do you get social/emotional support?**

all the time | more than half the time | half the time | less than half the time | rarely | not at all

**Behavior Screen**

- How often do you take your medications as directed?  
always | sometimes | seldom | I do not take any medications
- How often do you use your seat belt?  
All the time | some of the time | rarely or not at all

**Function Screen**

- Please circle any activities that you need help with:  
eating | toileting | bathing | dressing | moving in and out of the bed or a chair  
using the phone | transportation | shopping | preparing meals | housework | laundry |  
managing or taking medications | managing finances | no assistance needed
- Do you have trouble controlling your bladder?    YES    NO



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**Hearing Loss Screen**

- 1. Please circle anything that applies to how your hearing affects your life:  
 No problems with hearing | embarrasses you when meeting new people | frustrates you when talking with family | have difficulty hearing when someone whispers | feel impaired by a hearing problem | hearing causes difficulty when visiting people | attend religious services less often because of hearing | argue with family because of hearing | difficulty hearing radio or TV | hearing limits or hampers personal or social life | difficulty hearing in a restaurant

**Home safety screen**

- 1. Please circle all that applies to you and your home:  
 Entry ways are well lit | Sidewalks and entryways maintained | Carbon monoxide detector installed | Smoke detectors are installed | Unidentified or expired medications are thrown out

**Fall Screen**

- 1. Have you had a fall in the last year?  YES  NO
- 2. Do you feel unsteady when standing or walking?  YES  NO
- 3. Do you worry about falling?  YES  NO

Past personal illnesses, injuries, operations or diagnoses:	Date	Hospitalized?

**Family Health History: particularly your parents and siblings (check those that apply)**

<input type="checkbox"/> <b>Alcoholism</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother	<input type="checkbox"/> <b>Liver Disease</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother	<input type="checkbox"/> <b>High Cholesterol</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother	<input type="checkbox"/> <b>Obesity</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother
<input type="checkbox"/> <b>Arthritis</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother	<input type="checkbox"/> <b>Diabetes</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother	<input type="checkbox"/> <b>High Blood Pressure</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother	<input type="checkbox"/> <b>Stroke</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother
<input type="checkbox"/> <b>Cancer</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother	<input type="checkbox"/> <b>Heart Disease</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother	<input type="checkbox"/> <b>Kidney Disease</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother	<input type="checkbox"/> <b>Thyroid Disease</b> <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Sister <input type="checkbox"/> Brother



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**Additional History/Notes:**

What is your occupation? \_\_\_\_\_

Who do you live with? \_\_\_\_\_

Days per week that you eat a well-balanced diet: \_\_\_\_\_

What is your caffeine intake per day? \_\_\_\_\_

Number of high-fat foods you have per day: \_\_\_\_\_

Number of servings of fruits and vegetables you have per day: \_\_\_\_\_

Servings of milk/calcium that you have per day: \_\_\_\_\_

How often you eat out per week: \_\_\_\_\_

How often you read food labels: \_\_\_\_\_

Your weight over the past year: Stable | Decreased >10lbs | Increased >10lbs | Other \_\_\_\_\_

How many times/week do you exercise? \_\_\_\_\_ Duration? \_\_\_\_\_ Type? \_\_\_\_\_

Tobacco Use: YES  NO  If yes, (smoke or chew) how many packs per day? \_\_\_\_\_

Alcohol Use: YES  NO  If yes, how many drinks per day? \_\_\_\_\_

Drug Use: YES  NO  If yes, describe \_\_\_\_\_

**Current list of patient's providers/specialists/medical equipment suppliers:**

NAME	SPECIALTY	REASON

**Advanced care planning**

1. Patient Consent: "I consent to discuss end-of-life issues with my healthcare provider."

\_\_\_\_\_  
Patient/Guardian Signature

\_\_\_\_\_  
Date